

Summer Camp Daily Schedule & Activity Plan

Camp Hours

Drop-Off / Before Care: 8:00–9:00 a.m.

Core Camp Programming: 9:00 a.m.–4:30 p.m.

Aftercare / Pick-Up: 4:30–5:30 p.m.

Ages 5–7

Home Base: Front Room

Primary Activity Space: Field 1/Courts

Time	Location	Activity
8:00–9:00 a.m.	Front Room	Drop-off, board games, coloring, supervised electronics/TV
9:00–9:20 a.m.	Field 1	Morning Circle & Icebreakers
9:20–10:00 a.m.	Field 1	Simple Group Games (Duck Duck Goose, Cross the Ocean, Wall Ball)
10:00–10:30 a.m.	Field 1	Dodgeball Rotation (Spidernator, All Cars Go, Classic Dodgeball)
10:30–11:00 a.m.	Front Room	Snack & Quiet Time
11:00–11:30 a.m.	Middle Space	Activity Rotation: Gaga Ball, 4-Square, Spikeball, Crafts
11:30 a.m.–12:30 p.m.	Field 1	Team Sports Rotation: Soccer World Cup, Football, Kickball
12:30–1:30 p.m.	Front Room	Lunch & Quiet Activities (Uno, crafts, paper airplanes)

1:30–3:00 p.m.	Courts	Court Games Rotation: Nuke'em, Line Tag, Futsal, Pickleball, Basketball
3:00–3:30 p.m.	Front Room	Snack Break & Supervised Technology Time
3:30–4:30 p.m.	Field 1	Afternoon Challenge Activities (Relay Races, Sack Races, Frisbee, Spikeball, Flag Football, Soccer Shootout)
4:30–5:30 p.m.	Front Room	Pick-Up & Aftercare

Ages 8–10

Home Base: Party Room 1
Primary Activity Space: Field 2/Courts

Time	Location	Activity
8:00–9:00 a.m.	Party Room 1	Drop-off & Before Care
9:00–9:15 a.m.	Field 2	Morning Circle & Daily Announcements
9:15–10:30 a.m.	Field 2	Group Activity Block (camper vote between 2–3 activity options)
10:30–11:00 a.m.	Party Room 1	Snack & Quiet Time
11:00–11:30 a.m.	Field 2	Supervised Free Play
11:30 a.m.–12:30 p.m.	Middle Area	Yard Games & Team Challenges
12:30–1:30 p.m.	Party Room 1	Lunch & Movie Time
1:30–3:00 p.m.	Courts	Court Sports Rotation: Nuke'em, Futsal, Gaga Ball, Basketball, Line Tag
3:00–3:30 p.m.	Party Room 1	Snack Break & Technology Time

3:30–4:30 p.m.	Field 2	Afternoon Activities (Frisbee, Spikeball, Relay Races, Flag Football, Soccer Shootout, Sack Races)
4:30–5:30 p.m.	Party Room 1	Pick-Up & Aftercare

Middle School Group

Home Base: Tables Between Field 1 & Field 2

Primary Activity Space: Field 2 / Courts

Time	Location	Activity
8:00–9:00 a.m.	Tables Area	Drop-off & Before Care
9:00–10:30 a.m.	Field 2	Competitive Sports Block (World Cup Soccer, Dodgeball, Flag Football)
10:30–11:00 a.m.	Tables Area	Snack & Supervised Technology Time
11:00–11:30 a.m.	Field 2	Free Play & Open Recreation
11:30 a.m.–12:30 p.m.	Field 2	Full-Field Games (Soccer, Flag Football)
12:30–1:30 p.m.	Tables Area	Lunch & Relaxation Time
1:30–2:30 p.m.	Courts	Court Sports Rotation (Pickleball, Volleyball, Basketball, Gaga Ball)
2:30–3:00 p.m.	Field 2	Free Play & Choice Activities
3:00–3:30 p.m.	Tables Area	Snack Break & Technology Time
3:30–4:30 p.m.	Courts	Afternoon Sports Rotation (Pickleball, Volleyball, Basketball, Gaga Ball)
4:30–5:30 p.m.	Tables Area	Pick-Up & Aftercare